ARMY INSTITUTE OF EDUCATION

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'Institute under the aegis of Army Welfare Education Society (AWES)
Plot M-1, P-5, Sector- Chi, Gr. NOIDA | Ph.: 0120-2343741/ 42 | e-Mail: aie@awesindia.edu.in | www.aie.ac.in

9c – Faculty / Management Development Programme Organized

S.No	Name of The Event	National/International	Date
1.	Faculty Development Program	NATIONAL	16-23 April 2024
2.	SFDP on "Indian Knowledge System for Physical, Social and Emotional Well- Being @ Viksit Bharat 2047"	NATIONAL	2-8 May 2024
3.	FDP on "Our minds, our rights"	NATIONAL	09-13 October 2023

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RESEARCH & DEVELOPMENT CELL
FACULTY DEVELOPMENT PROGRAMME
16 – 23 APRIL 2024

REPORT

Objectives of FDP: The objectives of a Faculty Development Programme (FDP) organized by a Research & Development (R&D) are as follows:

- Promoting Research Culture: Encouraging faculty members to engage in research activities by providing guidance on research methodologies, funding opportunities, and publication strategies.
- Fostering Collaboration: Creating a platform for interdisciplinary collaboration among faculty members within the institution and fostering partnerships with other institutions or industries.
- Improving Institutional Quality: Contributing to the overall improvement of the institution's quality and reputation by enhancing the capabilities of its faculty members in research and development.
- Adapting to Changing Paradigms: Helping faculty members adapt to evolving research paradigms, such as application of online tools, ICT integration, AI etc.
- Promoting Ethical Practices: Emphasizing the importance of ethical conduct in research and publication.

R&D cell organized one-week Faculty Development Programme (FDP) to contribute significantly to the overall growth and success of both faculty members and the institution as a whole. FDP started on 16th April 2024. In the outset Dr Abhilasha Gautam, Principal AIE apprised the objectives of this FDP in her opening remarks. Each day the FDP held from 11:00am to 01:00pm in the Conference Room. The details of workshop are given below-
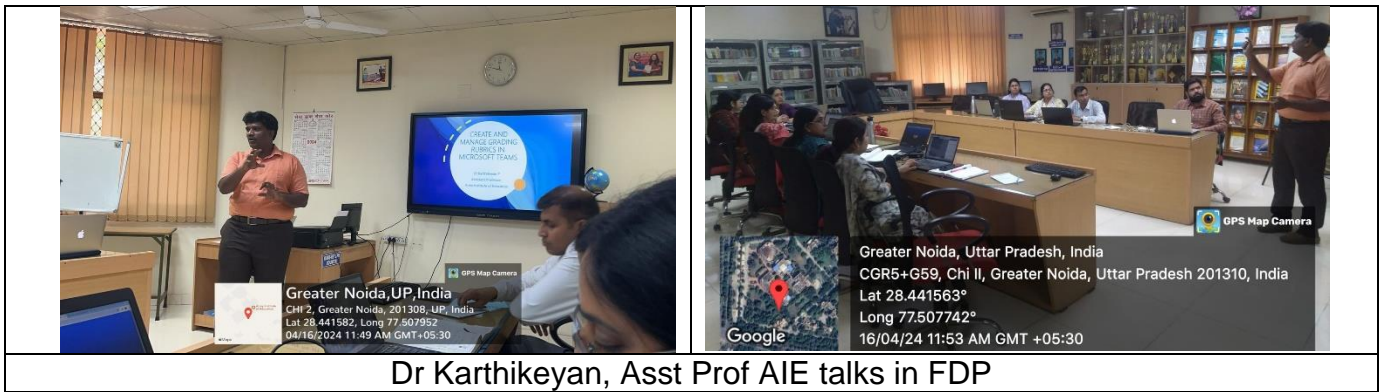
Day 1:
(Tuesday, 16 April 2024)

Session 01: Dr Saidalavi K, Asst Prof AIE talked about "How to Apply for ISBN". He explained the origin, development, and global adaptation of ISBN. Further he explained how to apply for ISBN by an individual author and which agency is dealing in India. He demonstrated registration process for getting ISBN. The session held in interactive mode.

Dr Saidalavi, Asst Prof AIE talks in FDP
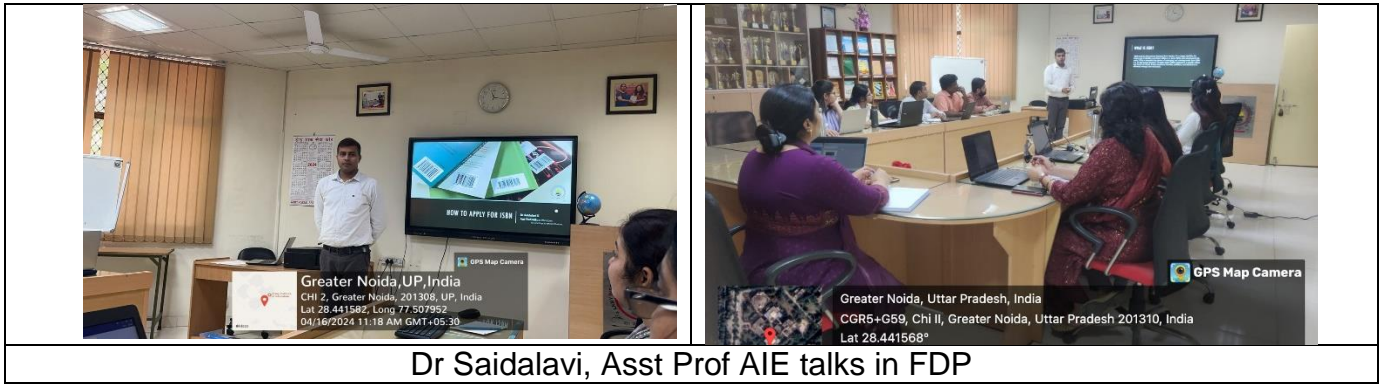
Session 02: Dr Karthikeyan P, Asst Prof AIE give a presentation on the topic of "Create and Manage Grading Rubrics in MS Teams". He explained how add rubrics in MS team assignment with demonstration. He also talked about how Gemini and QuestionWell AI tools helps in research work.


Dr Karthikeyan, Asst Prof AIE talks in FDP

Session 03: Mr Chintan Kapoor, Asst Prof AIE taken a session on "Using Canva for Designing Brochures and Pamphlets" He demonstrated how to design social media post through canva and how design, and attach e-certificates.

Mr Chintan Kapoor, Asst Prof AIE talks in FDP

Session 04: Ms Kriti Guleria, Asst Prof AIE talked about the topic of "Publication in UGC Enlisted Journals". She explained the criteria and steps such as identifying journal, preparation of manuscript, norms, submission, and review process.
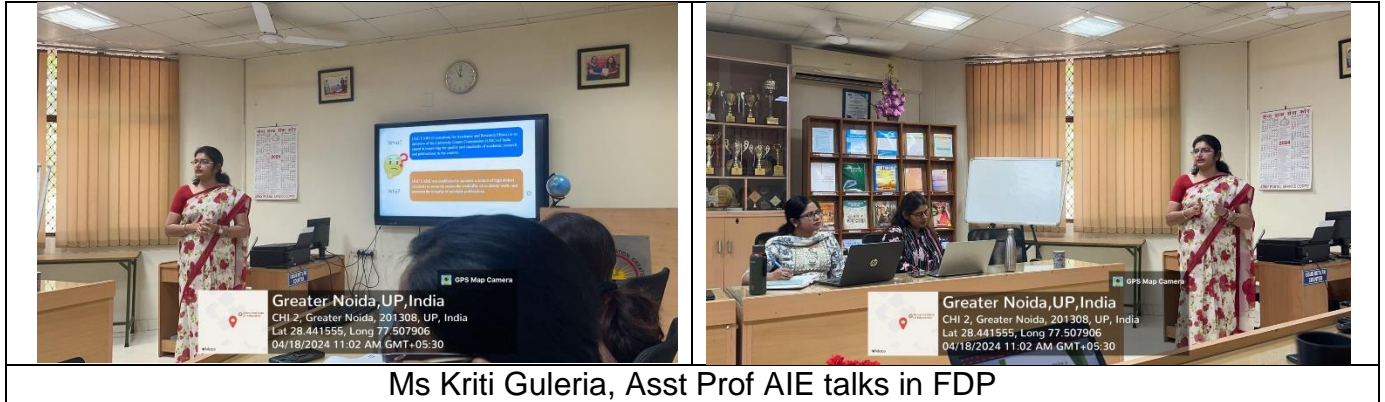
Ms Kriti Guleria, Asst Prof AIE talks in FDP

Session 5: Dr Shweta Das, Asst Prof AIE gave a presentation on the topic of "Writing of Scientific Research Paper". She explained steps for writing a scientific and empirical research work including statistics, data collection, and citation & referencing.

Dr Shweta Das, Asst Prof AIE talks in FDP

Session 6: Ms Jyotsna, Asst Prof AIE gave a presentation on the topic of "Using ICT Tools for Writing Research Paper". She demonstrated applications of Shodganga, NDL, Inflibnet, and Mendely.
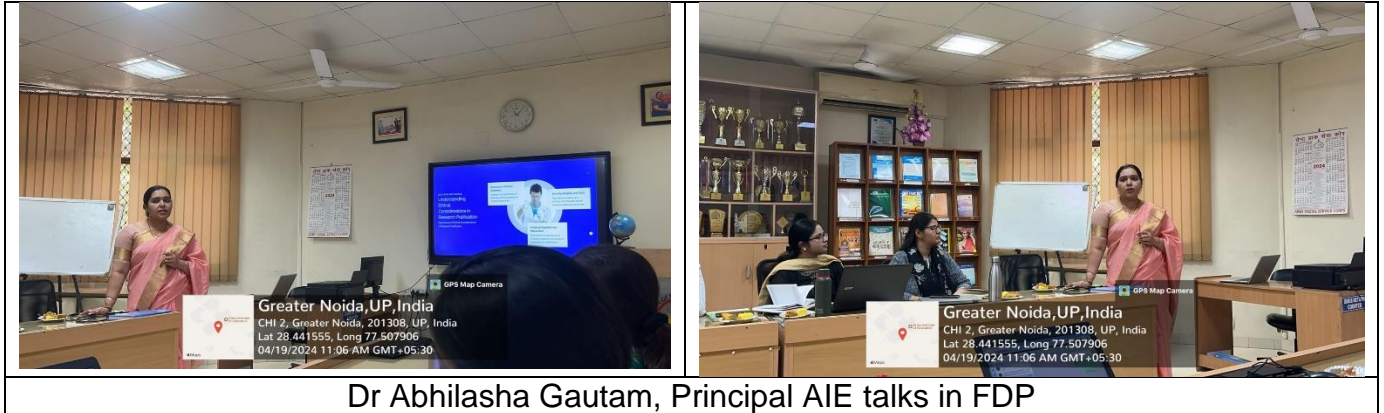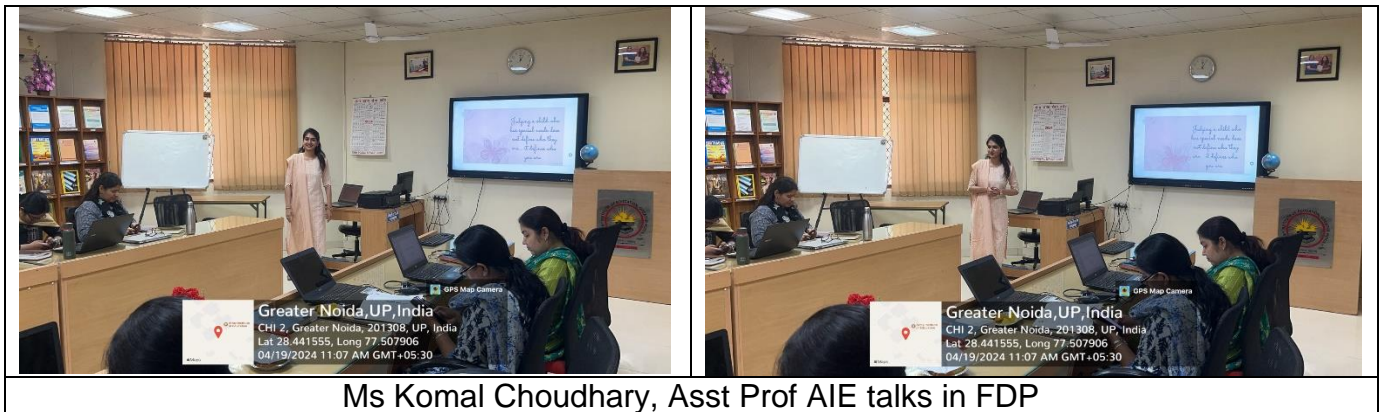

Ms Jyotsna, Asst Prof AIE talks in FDP

Session 07: Dr Abhilasha Gautam, Principal AIE talked on the topic of "Research and Publication Ethics". She explained three principles of ethics i.e. honesty in reporting finding, integrity in authorship, and transparency in data sharing.


Dr Abhilasha Gautam, Principal AIE talks in FDP

Session 08: Ms Komal Choudhary, Asst Prof AIE talked on the topic of "Thrust Areas in Special Education Research". She elaborated research scope in the areas of Universal Design of Learning (UDL), Assistive Technology, Early Intervention, Transition Service etc.

Ms Komal Choudhary, Asst Prof AIE talks in FDP

Session 09: Dr Azkia Khan, Asst Prof AIE gave a presentation on the topic of "Use of SPSS in Research". She also demonstrated use of SPSS of for data analysis such as t test, anova, and graphics.
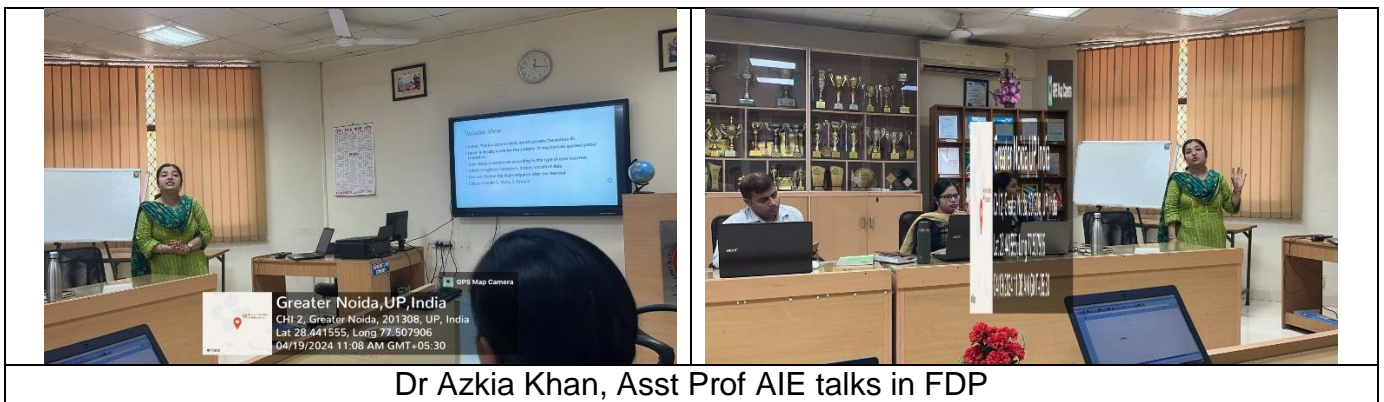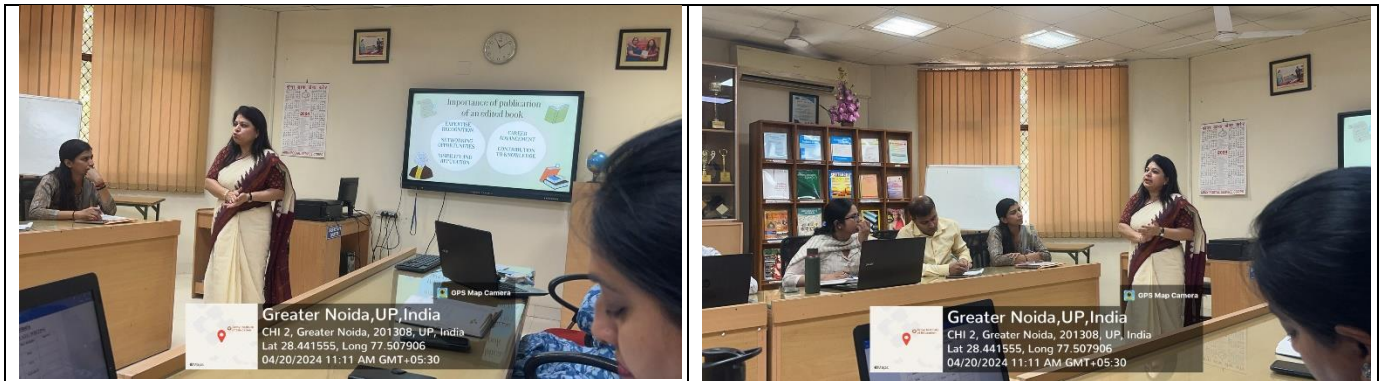

Dr Azkia Khan, Asst Prof AIE talks in FDP

Session 10: Dr Jyoti Tiwari, Asst Prof AIE talked on the topic of "Strategies for Book Publication and Paper Writings". She explained how to publish edited book and the benefits such as career advancement and knowledge generation.
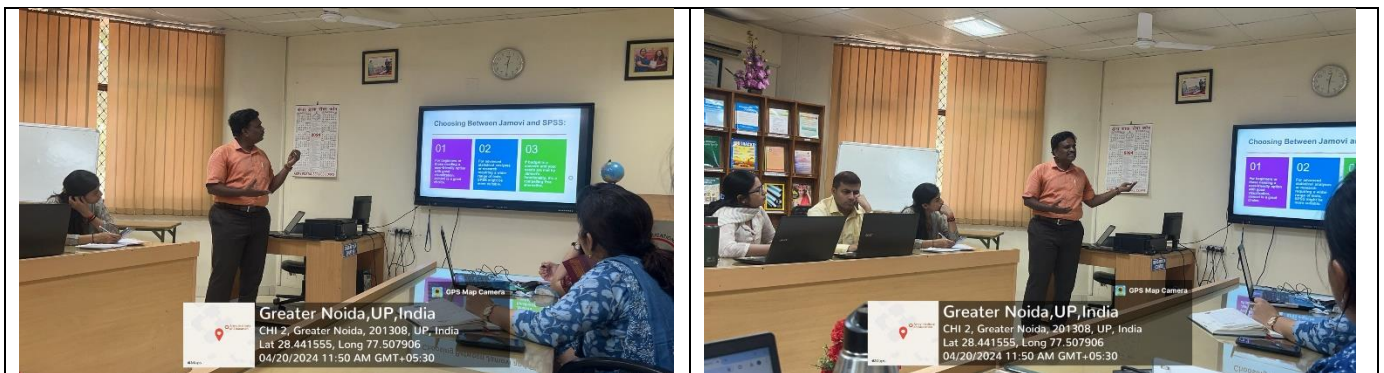

Dr Jyoti Tiwari, Asst Prof AIE taking session in FDP

Session 11: Ms Kajal Jadaun, Librarian AIE talked on the topic of "Using E-resources for Research". She demonstrated ebsco, nlist.inlibnet.ac.in, delnet, and drilbit.
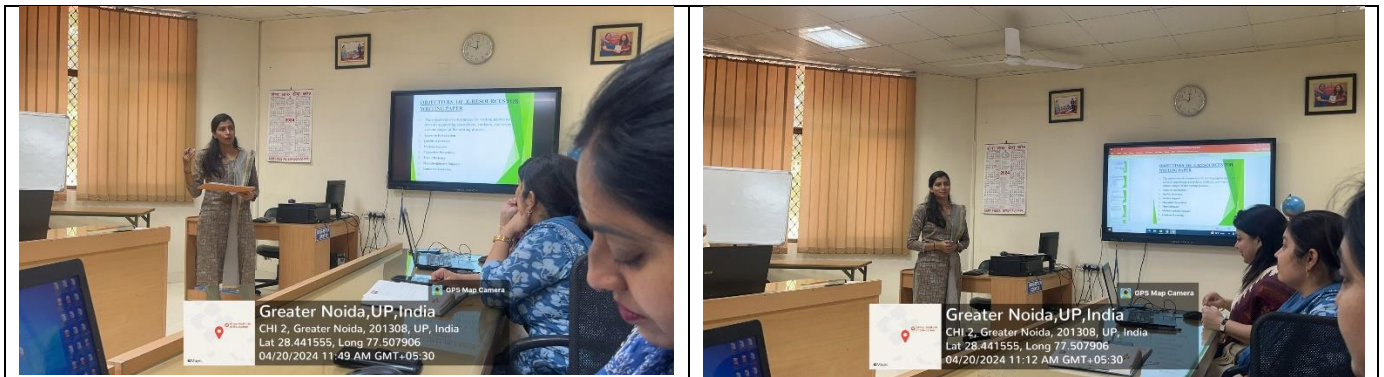
Ms Kajal Jadaun, Librarian AIE taking session in FDP

Session 12: Dr Karthikeyan P, took a session on "How to Use Jamovi". He demonstrated how to install jamovi and explained how it differs from SPSS.
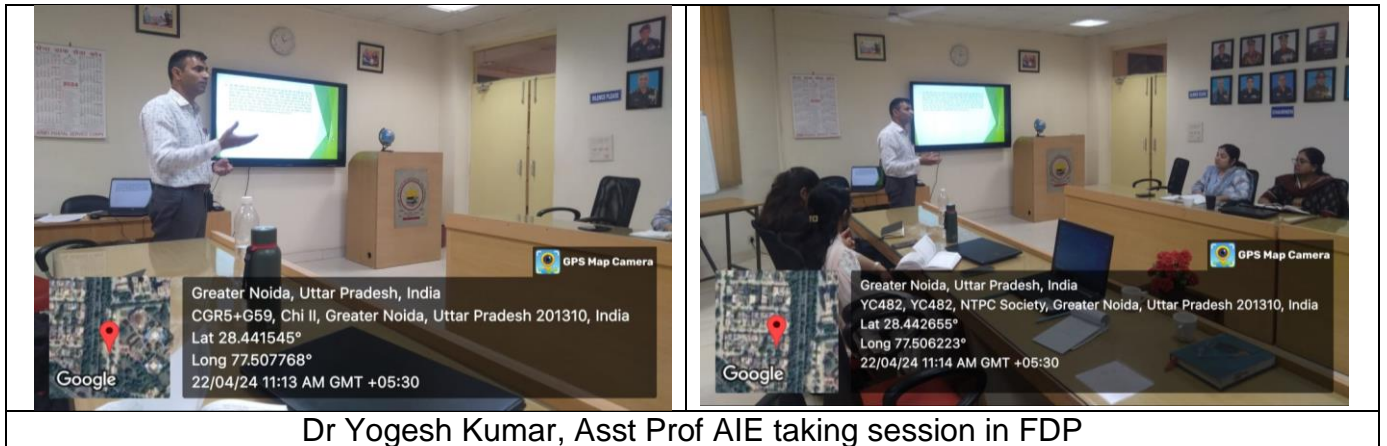

Dr Karthikeyan P, Principal AIE taking session in FDP

Session 13: Dr Yogesh Kumar, Asst Prof AIE talked on the topic of "Writing Research Paper in Hindi". He talked about how to write quality research papers in Hindi.

Dr Yogesh Kumar, Asst Prof AIE taking session in FDP

Session 14: Dr Abhilasha Gautam, Principal AIE talked on the topic of "ICSSR Project Work". She talked about ICSSR projects and fellowships for research fellows, PostDoc and collaborative researches. For applying projects institutional affiliation is required.


Dr Abhilasha Gautam, Principal AIE taking session in FDP

Session 15: Dr Jyoti Tiwari, Asst Prof AIE talked on the topic of "E-portfolio". She demonstrated how to plan and build Portfolio using Google Sites.
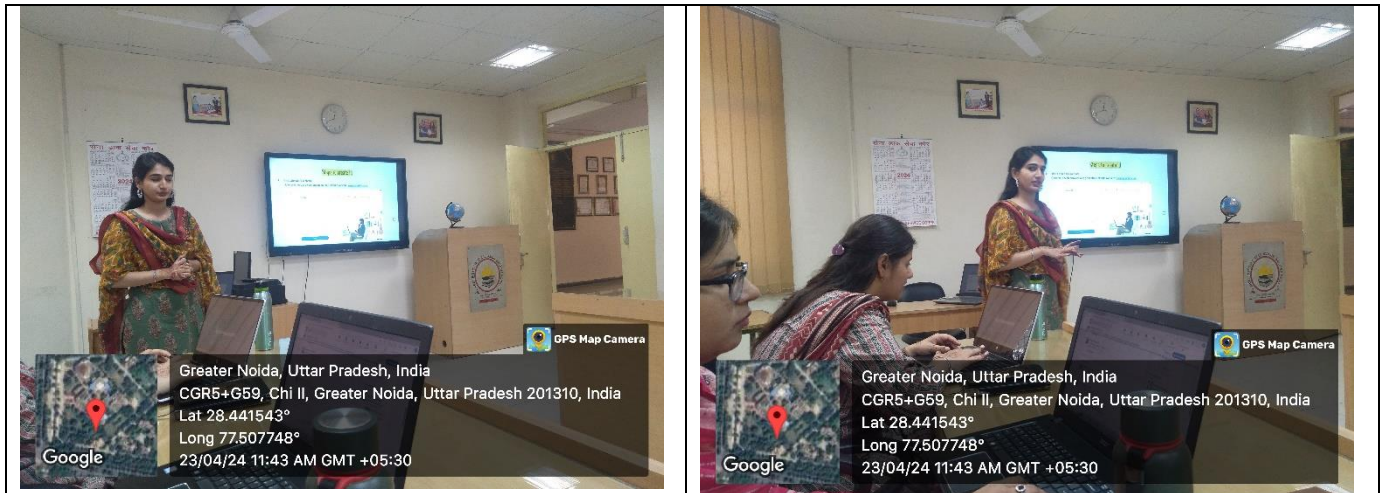

Dr Jyoti Tiwari, Asst Prof AIE taking session in FDP

Session 16: Ms Devika Naithani, Asst Prof AIE talked on the topic of "Developing Research Proposal". She gave a presentation on steps for research proposal.
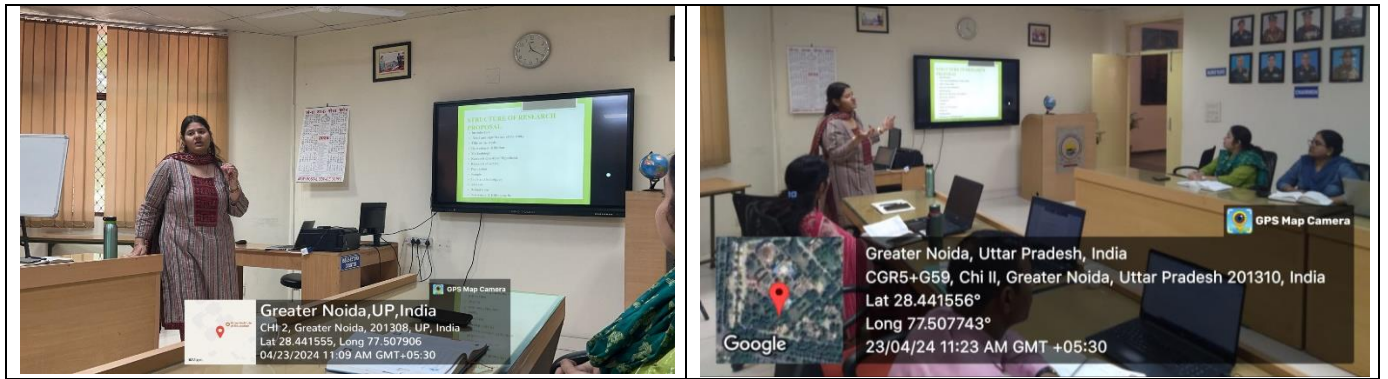
Ms Devika Naithani, Librarian AIE taking session in FDP

Session 17: Ms Komal Choudhary, Asst Prof AIE talked on the topic of "Managing LinkedIn". She demonstrated how to create and manage LinkedIn professional networking account. She explained the scope of using LinkedIn to connect with professionals and to keep updated.
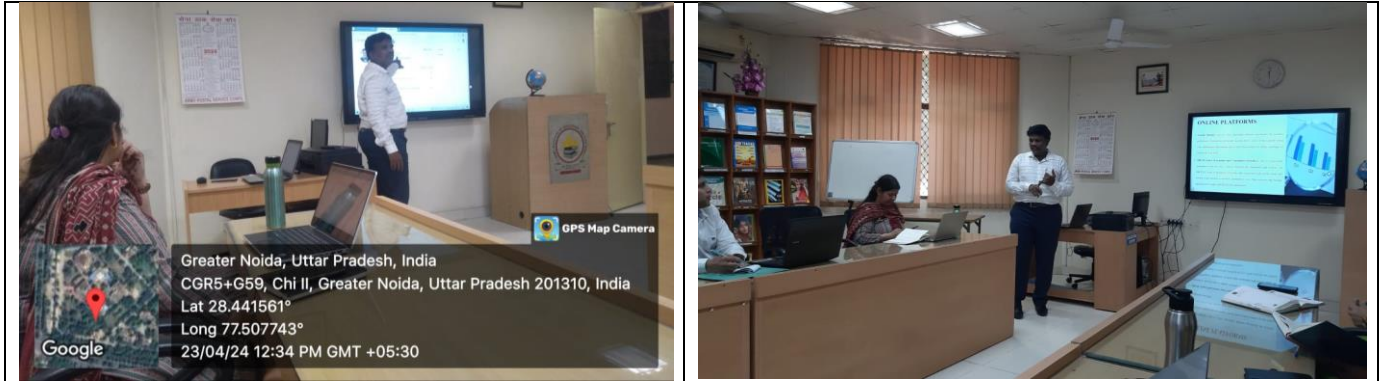

Ms Komal Choudhary, Librarian AIE taking session in FDP

Session 18: Dr Karthikeyan P, Asst Prof AIE talked on the topic of "Research Visibility- Online Platforms & Strategies". He explained the uses of Google Scholar, ORCID (Open Researcher & Contributor Identifier), ResearchGate, and Academia.edu.

Dr Karthikeyan P, Principal AIE taking session in FDP

Group Photograph of FDP

From Left: Dr Karthikeyan P, Ms Devika Naithani, Ms Jyotsna, Ms Komal Choudhary, Dr Jyoti Tiwari, Dr Abhilasha Gautam (Principal AIE), Ms Kriti Guleria, Dr Azkia Khan, Dr Shweta Das, and Dr Yogesh Kumar

Report compiled by Dr Saidalavi K, Coordinator FDP

Dr Abhilasha Gautam
Principal, AIE

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Organizing

SFDP on "Indian Knowledge System for Physical, Social and Emotional Well- Being @ Viksit Bharat 2047" : 02-08 May 2024

Eminent Speaker

Prof Rainu Gupta
Dean School of Education, Sanskriti University

Prof Dhananjay Joshi
Founding Vice Chancellor, Delhi Teachers University

Chair
Dr. Abhilasha Gautam

Dr. Bharati Dogra
Professor, School of Education, IGNOU

Dr. Dr Abhishek Kumar,
Principal, Marketing,
Army Institute of Management, Kolkata

Dr Ram Kishore Singh Rathore,
Former Prof. & Head, Dep. of Botany, R. B. S., College, Agra

Programme Schedule

Day	Resource Person Tentative	Topic
Day 1 **02 May 2024**	**Welcome Address by** Dr. Abhilasha Gautam, Principal, AIE **Key Note Address by** Prof Rainu Gupta, Dean School of Education, Sanskriti University	Education and Skill Development: Ancient Indian Gurukul System and its Modern Implications for Viksit Bharat'
	Mr Chintan Kapoor Assistant Professor, AIE	Indian Music Therapy and Sound Healing for Stress Relief
	Prof Dhananjay Joshi, Founding Vice Chancellor, Delhi Teachers University	Address by the Chief Guest
Day 2 03 May 2024	Dr Ram Kishore Singh Rathore, Former Prof. & Head, Dep. of Botany, R. B. S., College, Agra	Integrating Yoga Practices and meditation for Mental Well-being

	Dr. Jyoti Tiwari Assistant Professor AIE	Cultivating Emotional Intelligence through Insights from Indian Scriptures and Texts
Day 3 04 May 2024	Dr. Bharati Dogra Professor, School of Education, IGNOU	Exploring the Intersection of Vedanta and Positive Psychology for Social & Emotional Well-being
	Dr. Kusum Lata Assstant Professor Daulat Ram College, University of Delhi	Lessons of family dynamics from Ancient Indian culture for Nurturing Strong and Resilient Family Bonds
Day 4 06 May 2024	Dr Abhishek Kumar, Principal, Marketing, Army Institute of Management, Kolkata	Leadership and Governance Lessons from the Ancient Indian Epics (Part I: Ramayana)
	Vinod Kumar Shanwal HoD Gautam Budh University	Pedagogical Approaches in Indian Knowledge System
Day 5 07 May 2024	Maj Gen A K Chaturvedi, AVSM, VSM Veteran, Indian Army	Leadership and Governance Lessons from the Ancient Indian Epics (Part II: Mahabharata)
	Ms. Shilpa Mittal Dietician & Nutritionist	Traditional Indian Dietary Practices for Mental Health and Cognitive Enhancement
Day 6 08 May 2024	Dr Sapna S., Professor In Rasa shastra and Bhaishajya kalpana (Indian Pharmaceutics) Ayurveda	Importance of indigenous knowledge to develop trust in the health system and improve health outcomes.
	Valedictory Address Prof. (Dr.) M. B. Chetti Vice Chancellor - Sanskriti University	

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REPORT
ONE WEEK STUDENT & FACULTY DEVELOPMENT PROGRAMME
on
INDIAN KNOWLEDGE SYSTEM FOR PHYSICAL, SOCIAL AND EMOTIONAL WELL BEING @VIKSIT BHARAT 2047' : 02-08 MAY 2024

IQAC of Army Institute of Education (AIE), Greater NOIDA in collaboration with Sanskriti University, Mathura organized Online One Week Student and Faculty Development Programme (SFDP) on the theme 'Indian Knowledge System for Physical, Social and Emotional Well Being @Viksit Bharat 2047' from 02-08 May 2024.

The Student-Faculty Development Programme aimed to provide a platform for learning, discussion, and application of indigenous knowledge systems. By integrating traditional Indian practices into modern contexts, the programme contributed to the holistic well-being of participants and advance educational excellence to the participants. Conducting such programmes has significant relevance and value, particularly within the context of schools and teacher training institutes.

Objectives:
- To introduce students and faculty members to indigenous knowledge systems and their benefits for holistic well-being.
- To facilitate a dialogue between traditional practices and modern approaches for better health and wellness.
- To provide practical insights and techniques that can be implemented in daily life for improved mental and emotional health.
- To foster an appreciation for the rich cultural heritage and wisdom of ancient Indian traditions.
- To explore the relevance of these systems in contemporary settings, particularly in education, therapy, and personal development.

Audience:
- Students and faculty members of teacher training Institutes and faculty from schools.
- Education professionals and therapists interested in incorporating indigenous knowledge systems into their practices
- Total 173 registrations from outside

Learning Outcomes:
- Enhanced understanding of indigenous knowledge systems and their applications.
- Improved stress management and emotional well-being through traditional practices.
- Development of new teaching methods and approaches for incorporating indigenous knowledge into the curriculum.
- Strengthened sense of cultural identity and appreciation for the rich heritage of India.

Few Glimpses from the SFDP
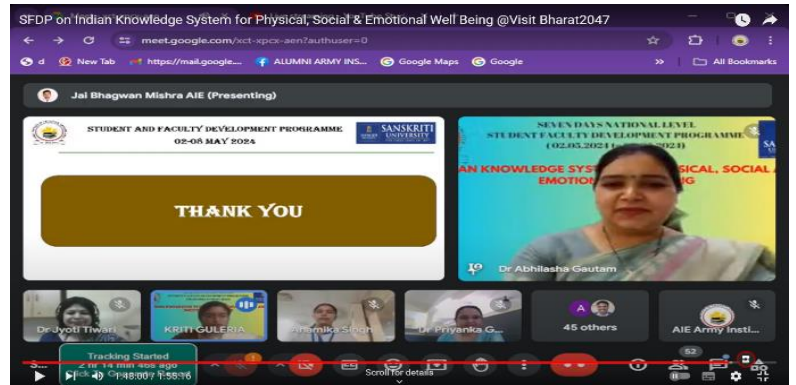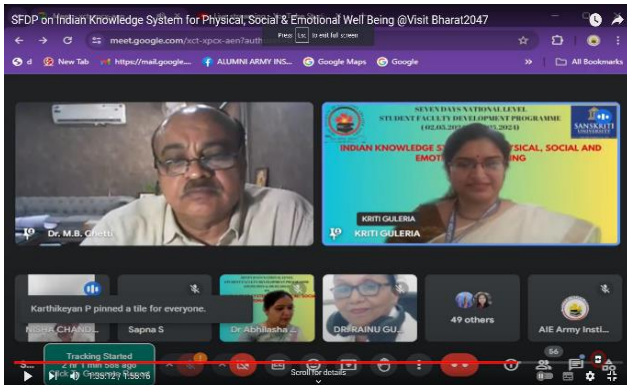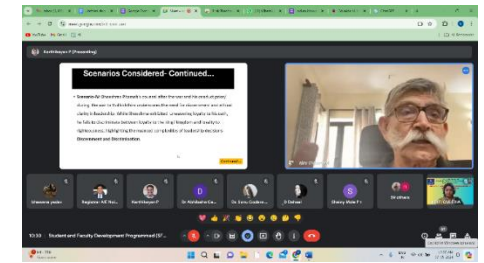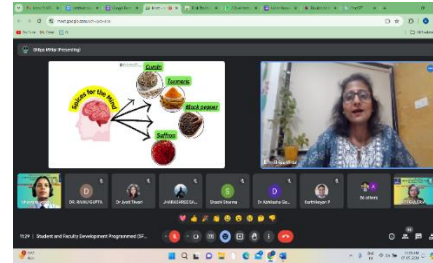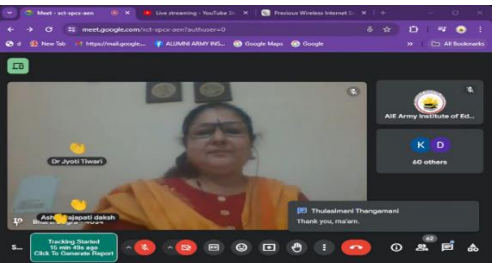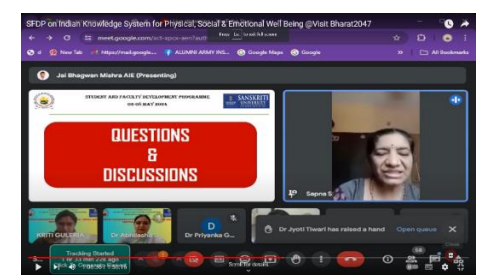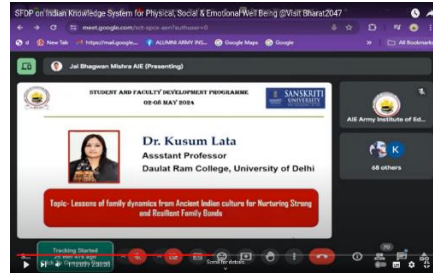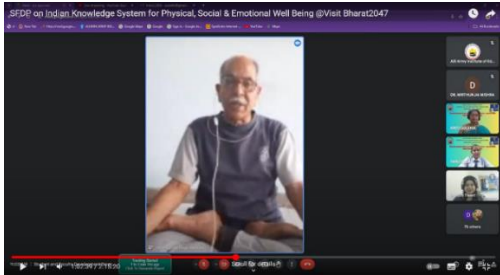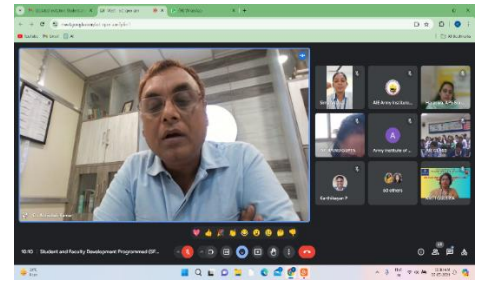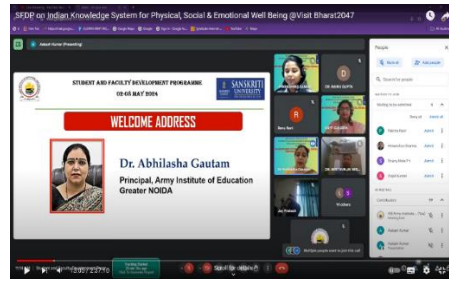
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Principal

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Report on SFDP on 'Our minds, our rights'

During the Mental Health Awareness Week Program Schedule: (9-13 October 2023)- World Mental Health Day Celebration: From October 9-13, 2023, the Army Institute of Education hosted a successful week-long celebration for World Mental Health Day, themed "Our minds, our rights." It was celebrated in the form of a week long FDP. In which all the faculty members participated enthusiastically.

All the students and faculty of AIE participated in the event.

09.10. 2023	**"Know Your Rights: Mental Health Edition"** (Pragya House)	Teacher's Role as Mental Health Advocates: Fostering a Culture of Support and Understanding- **Ms Krill Guleria Assistant Professor AIE**	Mindfulness and Stress Reduction Techniques for Students and Teachers **Dr. Jyoti Tiwari Assistant Professor AIE**
10.10. 2023	**"Mindful Moments"** (Pratishtha House)	Understanding Mental Health as a Universal Human Right The Role of Teachers in Identifying and Addressing Mental Health Concerns **Dr. Abhilasha Gautam Principal AIE**	Fostering a Culture of Empathy and Support: Peer Relationships and Mental Health in Schools **Ms. Juhi Bidhuri Assistant Professor AIE**
11.10. 2023	**"Messages of Support"** (Pragyanam House)	Promoting Teacher Self-Care: Balancing Workload and Prioritizing Mental Health **Dr. Saidalavi Kundupuzhakkal Assistant Professor AIE**	Mental Health Education in Schools: Empowering Students and Teachers **Mr. Yogesh Kumar Assistant Professor AIE**
12.10. 2023	**"Creative Expression Activities"** (Pratigya House)	Empowering Student Well-being: Nurturing Mental Health in Educational Environments **Dr. Azkia Khan Assistant Professor AIE**	Identifying students on the pathway to harming others or themselves **Mr. Karthikeyan P. Assistant Professor AIE**
13.10. 2023	Mental Health Challenges in the Teaching Profession **Ms. Komal Choudhary Assistant Professor AIE**	Building Emotional Intelligence: Enhancing Social-Emotional Learning for Student Well-being **Ms. Jyotsna Assistant Professor AIE**	Breaking Stigma: Encouraging Open Conversations About Mental Health in Schools **Ms Devika Naithani Assistant Professor AIE**

Dr Abhilasha Gautam
Principal, AIE